

These boots are made for

The right footwear makes the difference between painful feet and years of comfortable skiing. SUHNER finds a perfect fit in West Yorkshire

SKI boots can make or break a ski trip, let alone what they could do to your feet.

“If you go to the hill on a busy weekend, I’d say that probably 50 to 60% of the people are in boots that are severely limiting their skiing,” says Steve Hankin from Glide ‘n’ Slide, the Otley-based specialist ski and snow sports retailer.

“Unsuitable, ill fitting boots, will severely affect your comfort and ultimately dictate whether you have a great day on the slopes or one spent pining for the chalet. If you’re going to spend serious money on any piece of equipment, spend it on your boots,” he adds.

Which is exactly what Glide ‘n’ Slide’s customers have been doing since 1985 when Steve, a qualified ski instructor and snow sports mountain fanatic with more than 30 years experience in the industry first opened his shop.

While most businesses were worrying about the current financial crisis, Steve and his team at Glide ‘n’ Slide have experienced an entirely different run of events.

While the company’s initial operations included the sale of boots and skis supplies to more than 80 schools across the country – and its shop stocks all the gear and equipment associated with skiing – business is booming after carving out a niche market in helping skiers get a performance fit from their boots.

The ski boot is the most fundamental piece of ski equipment you may own. As Glide ‘n’ Slide shop manager David Aitken says: “Skiing pleasure is directly proportional to the fit of your ski boots!



BOOT CAMP ...with the Minifix, pictured right, that’s designed to get ski footwear into good shape. It is also ideal, as shown below, for tool and pattermaking for those working in precision mould and die-maker shops, dental labs, wood modelling and glass engraving.

“If you’re shopping for new gear this year, the biggest performance difference will not come from sexy new skis, but from getting a pair of well-fitted boots.”

A fitting session with Glide ‘n’ Slide can take several hours, as they look at the biomechanics of your foot and figure out how to correct issues that may be shortcoming your skiing.



Piste de **resistance**

from SUHNER

GLIDE ‘n’ Slide have invested in its skiing future with a vast selection of tools including a high power SUHNER flexible drive Minifix 25R for working on the inside of shells.

The Minifix enables pockets to be created within the thickness of the plastic of the shell, something critical in customising the fit of boots to the individual skier.

Says David: “We work with a Minifix 25-R for grinding out areas in ski boots to alleviate pressure problems and it’s a very reliable tool. With high performance boots we are dealing with 5 or

6mm of plastic and by grinding that down to 2 to 3mm thick we can create a pocket in the plastic to accommodate any bony prominence.

“The most difficult ski challenge you’ll probably ever face is not the toughest black run in resort, but finding a comfortable fitting boot that also performs well.

“Remember before you buy your skis, it is important to get the right boots. Ski boots are the first piece of ski equipment that you should buy.”